



NEW MUSLIM  
ACADEMY

# The Life of MARY

God mentions Mary, the mother of His Messenger Jesus, as one of the greatest women, an example for all believers. He uses her as an example of devoutness and submission to Him with perseverance and patience. God says, "Mary, the daughter of 'Imran, who guarded her chastity, so We breathed into her (womb) through Our angel (Gabriel). She testified to the words of her Lord and His Scriptures and was one of the sincerely devout." [66:12].

Mary is the only woman mentioned by name in the Quran. There is a whole chapter of the Quran named after her (19) and her story is mentioned multiple times throughout the Quran. Although not a messenger of God, she is praised for her worship, sincerity, trust in God, patience and devoutness to God in the face of challenges.

19. Maryam: 1 – 11

سُورَةُ مَرْيَمَ

بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ

In the name of Allah, the Entirely Merciful, the Especially Merciful

كَهَيْعَصَ ۝١ ذِكْرُ رَحْمَتِ رَبِّكَ عَبْدَهُ زَكَرِيَّا ۝٢

1 Kaf Ha Ya Ain Sad      2 Zakariya to His servant your Lord mercy explanation

إِذْ نَادَىٰ رَبَّهُ نِدَاءً خَفِيًّا ۝٣ قَالَ رَبِّ إِنِّي وَهَنَ الْعَظْمُ مِنِّي وَأَشْتَعَلَ الرَّأْسُ شَيْبًا وَلَمْ أَكُنْ بِدُعَائِكَ رَبِّ شَقِيًّا ۝٤

3 soft (with) (to) his he invoked when sound Lord (asking for a child)

4      5      6      7      8      9      10      11

and is after me, i leave behind from relatives i worried and verily i 4 Unbless

305

مَرْيَمَ

**MARYAM**  
(Maryam)  
Makkiyyah  
Chapter 19: 98 verses

JUZ  
16

In the name of Allah, the Entirely Merciful, the Especially Merciful.

1. Kaf-Ha-Ya-'Ain-Sad. [These letters are one of the miracles of the Quran, and none but Allah (Alone) knows their meanings].

2. (This is) a mention of the mercy of your Lord to His slave Zakariya.

3. When he called out his Lord (Allah) a call in secret,

4. Saying: "My Lord! Indeed my bones have grown feeble, and grey hair has spread on my head, And I have never been unblest in my invocation to You, O my Lord!

5. And Verily! I fear my relatives after me, since my wife is barren. So give me from Yourself an heir,

# HER BIRTH

Mary's birth is mentioned in the Quran. At the time of being pregnant with her, her mother, not knowing the gender of the baby, and assuming that it would be a boy, had dedicated her child to the service of God. Upon giving birth, she realised that it was in fact a girl and not a boy as she had expected. Yet instead of modifying her intentions, she reasserts them, asking God to protect Mary and her future offspring. [3:33-36].



# MARY'S UPBRINGING

Although not explicitly stated, the Quran intimates that Mary grew up an orphan, and under the care of her uncle and aunt. Her uncle was the Messenger Zachariah, as Mary was the daughter of Imran, himself a descendant from the noble family of the Messenger David. Mary would spend her time as a young lady in her sanctuary where she would worship God and remember Him. God would bless her with provisions that were unusual for that time. It is said that she would find the fruits of the summer in the winter season and the fruits of the winter in the summer season.

God tells us in the Quran that the Messenger Zachariah came upon Mary one day and saw these blessings. He asked her how she had gotten them, and she replied that they were gifts from God, for He provides as He pleases. Upon hearing that, the Messenger Zachariah, being an old man and childless, asked God for a son, and God would bestow upon him the Messenger John.



# MIRACULOUS PREGNANCY & BIRTH

In Chapter 19, God tells us the story of Mary in detail. Mary had decided to spend some time isolated from her people in order to focus on her worship and devotion to God. As she was doing this, she saw a handsome man approach her. She feared some evil from him and asked for God's protection. The man replied that he was an angel in human form, and had only come to fulfil God's command that she should bear a son who would be from God's greatest messengers. Mary told the angel that she was a chaste woman and unmarried, so how could she be expected to become pregnant. The angel replied that it was God's command and He does as He pleases.

Thus, Mary becomes pregnant with Jesus. Mary largely avoided people during her pregnancy, knowing the talk and gossip it would bring that a single unmarried woman was now pregnant. She was afraid of the harm and social pressure that would result after she gave birth, but she also trusted in God's command and wisdom. At the time of her giving birth, God honoured her with a stream of water and date fruits so that she could give birth in comfort.



# THE MIRACLE BIRTH OF JESUS

As such, God had commanded a great miracle; the virgin birth of Jesus. Mary took an oath to God that she will not speak to any person, trusting in God to defend her honour and name. Mary knew that she must now face her people, for she cannot just stay away from them forever. When she returns carrying her new born baby, the people begin to criticize her and accuse her of immodesty and being a woman of little virtue, despite coming from a noble family and having an outstanding reputation previously.

As per her oath to God, Mary does not respond but simply points to her son. The people are puzzled and question how her son could possibly provide any answers. God gave Jesus the ability to speak as a baby, and he defended his mother's honour and proclaimed that God has anointed him as a messenger.

This is the amazing story of Mary, mother of Jesus. Her display of virtue, sincerity, devotion to God, trust in Him, and perseverance is an example for all believers.

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